**Questionnaire**

1. Age \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### Area of Residence

#### Urban

#### Rural

#### Semi urban

#### Menstrual history: - What age did you get your first period?

* 11 or under
* 12
* 13
* 14
* 15
* 16
* over 16

#### Menstrual history: - How often do you have a period?

* Every 28 days
* Every 26-32 days usually
* every 33-38 days
* every 39-45 days
* cycles are usually longer than 45 days
* too irregular to categorise

1. Have you heard about the term called "polycystic ovary syndrome (PCOS)"?

* Yes
* No

If yes, source of knowledge

* Doctor
* Friend
* Family
* Internet
* Others

1. Have you heard about the androgen (male) hormone? E.g., testosterone

* Yes
* No

1. Do you know there is an increased level of androgen in PCOS?

* Yes
* No

1. Do you know that PCOS is associated with ovary?

* Yes
* No

1. Do you know patients suffering from PCOS have small multiple cysts in their ovaries?

* Yes
* No

1. Do you know obesity may cause PCOS?

* Yes
* No

1. Do you know prediabetes condition (due to decreased insulin action in the body) may cause PCOS?

* Yes
* No

1. Do you know irregular or absence of menstrual (periods) cycle is a symptom of PCOS?

* Yes
* No

1. Do you know an unusual amount of hair growth on different body parts (upper lip, chin, abdomen, breast, thighs etc.) is a symptom of PCOS?

* Yes
* No

1. Do you know severe acne problem during the menstrual (periods) cycle is a symptom of PCOS?

* Yes
* No

1. Do you know hair loss from the scalp more than normal is a symptom of PCOS?

* Yes
* No

1. Are you aware that PCOS diagnosis can be confirmed by vaginal ultrasound?

* Yes
* No

1. Do you know specific blood test can be used for the diagnosis of PCOS?

* Yes
* No

1. Do you know PCOS may lead to diabetes (long-term high blood sugar level)?

* Yes
* No

1. Do you know PCOS may lead to heart diseases?

* Yes
* No

1. Do you know PCOS may lead to infertility (inability to have children) or reduced fertility (reduced chance to get pregnant)?

* Yes
* No

1. Do you know PCOS may lead to anxiety and depression?

* Yes
* No

1. Have you heard hormonal therapy (oral contraceptives, hormone intrauterine device etc) may be used to treat PCOS.

* Yes
* No

1. Are you aware that anti-diabetic medications (metformin) may be used to treat PCOS.

* Yes
* No

1. Are you aware that symptomatic treatment (clomiphene, letrozole, acne topical cream, spironolactone etc) may be given to relieve the symptoms of PCOS.

* Yes
* No

1. Do you that surgery may be used to remove ovarian cysts.

* Yes
* No

1. Are you aware of first sign of PCOS?

* Irregular periods
* Facial hairs
* Increase in acne
* Increase in weight
* Hair loss
* Miscarriage

1. Do you have any family history (Maternal blood relation) of PCOS?

* Yes
* No

1. How heavy is your bleeding during your period?

* My bleeding is light.
* My bleeding is normal; I change my pad or tampon every 3-4 hours.
* My bleeding is very heavy during my period.
* I notice clots of blood during my period.
* Both C and D